

RMIT Sustainability Week 2025

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About us

RMIT University

RMIT is committed to incorporating sustainability principles and practices into our learning, teaching, research, and operational activities. The University aims to demonstrate global leadership through the initiatives we undertake and how we empower our students, staff, community, and industry.

RMIT Vietnam Sustainability

Guided by RMIT's *Knowledge with Action* Strategy, the Sustainability Department in Vietnam is dedicated to fostering a vibrant community of practice, rooted within our RMIT students and staff, and extending its reach far beyond campus. By uniting students, staff, partners, and communities, we drive positive impact through transformative education, practical initiatives, and collaborative innovation to advance sustainability and create a resilient, sustainable future.

Introduction & Theme

Sustainability Week is RMIT Vietnam's flagship annual event, bringing together RMIT community, industry partners, and the wider community in a week-long celebration of learning, collaboration, and action.

Building on the success of the 2024 edition, Sustainability Week 2025 embraces the theme "*Sustainability in Action*". This theme underscores the importance of transforming knowledge and ideas into concrete practices that shape our daily lives, academic pursuits, and community connections.

The tagline "**Be the Spark. Lead the Future.**" highlights the collective power of individual contributions. Every action – no matter how small – can ignite change, inspire others, and contribute to a ripple effect that strengthens a culture of sustainability across our campuses and beyond.

Vision, Mission & Objectives

Vision and Mission

- **Vision:** To position RMIT Vietnam as a thought leader in sustainability education and innovation in Vietnam and the region by embedding sustainability across teaching, research, operations, and community engagement.
- **Mission:** To build a vibrant community of practice where students, staff, and partners co-lead impactful initiatives aligned with the UN Sustainable Development Goals (SDGs).

Objectives

- **Increased visibility and participation in sustainability-related activities across campus.**

The week aims to attract large numbers of students and staff, encouraging them to engage directly with activities that showcase sustainability in practical and approachable ways.

- **Broadened understanding of the SDGs and their relevance in the Vietnamese and regional context.**

Events are designed to make the SDGs more accessible by linking them to local contexts, student life, and the Vietnamese community, bridging the gap between global goals and daily realities.

- **Stronger collaboration across departments, schools, and student-staff groups.**

By co-creating events and working across units, the week fosters a sense of shared ownership and demonstrates that sustainability requires collective effort.

- **A sense of pride and community belonging for contributors and participants.**

Students, staff, and partners will be recognised for their contributions, reinforcing pride in their role as changemakers and strengthening their sense of belonging to a united RMIT sustainability community.

Week-at-a-Glance (3-7 November 2025)

Always-on Activities

● Green Week Challenge

A gamified challenge engaging participants in daily sustainable actions.

Throughout the week, students and staff participate in gamified daily challenges that promote sustainable behaviours such as waste reduction, green mobility, and energy-saving. Each challenge completed contributes points to individual and team leaderboards, turning everyday habits into a fun and rewarding competition.

● Engagement booth and Showcase

A welcoming space engaging the RMIT community and partners through interactive experiences and showcases.

This area brings Sustainability Week to life on campus through interactive engagement and live showcases. It features:

- **Green Week Challenge Booth:** Featuring fun mini-games, quizzes and activities that spotlight RMIT's sustainability initiatives. Each day explores a new sustainability theme, giving you the chance to play, learn, and connect directly with the Sustainability Department. Discover how your everyday choices can spark real impact, and join in to win eco-friendly prizes!
- **Industry Engagement Booths:** Highlighting sustainable business practices and innovations from RMIT's industry partners, creating opportunities for networking and collaboration.
- **RMIT Showcase:** Presenting sustainability-focused projects and research from RMIT schools, featuring demonstrations and prototypes.

Together, these booths act as the "green gateway" of Sustainability Week - an inviting and visible touchpoint where passers-by can explore what's happening, interact with sustainability initiatives, and be encouraged to join the activities taking place across campus.

● 17 SDGs Exhibition

An open and interactive space showcasing research, projects from RMIT Vietnam that contribute to the 17 SDGs.

Across five days, the exhibition showcases the work of RMIT departments, highlighting their contributions to the 17 SDGs and positioning RMIT as a hub for sustainability-driven research, teaching, and collaboration.

Key Events and Workshop

Beyond the always-on experiences, Sustainability Week features a series of flagship events, workshops, and panels led by RMIT students, staff, and partners. Each session highlights a different aspect of sustainability, from innovation and wellbeing to employability and research impact which showcasing RMIT's collaborative approach to the SDGs. These key events serve as anchor points of the week, offering spaces for learning, discussion, and action.

Panel Discussion and Showcase - How STEM Sparks Sustainable Solutions



Partner: RMIT School of Science, Engineering and Technology (SSET)

Related SDGs: 6 – Clean Water and Sanitation | 7 – Affordable and Clean Energy | 8 – Decent Work and Economic Growth | 9 – Industry, Innovation and Infrastructure | 11 – Sustainable Cities and Communities

Summary

This flagship session explores how Science, Engineering and Technology are driving practical solutions to sustainability challenges in Vietnam and beyond. The panel brings together academics, researchers, and industry experts to discuss how innovation in STEM can advance the UN Sustainable Development Goals - from clean water and renewable energy to sustainable infrastructure and inclusive growth.

Complementing the panel discussion, the STEM Showcase presents a collection of innovative projects, prototypes, and applied research from the School of Science, Engineering and Technology. Each project demonstrates how scientific inquiry and engineering design can contribute directly to sustainability from water purification technologies and renewable energy systems to sustainable urban infrastructure and digital solutions for smart cities.

Objective

- To highlight how RMIT's research, teaching, and partnerships in STEM contribute to real-world sustainability outcomes, and to inspire students to see how their disciplines can make meaningful impact.
- To create an engaging platform for students, staff, and visitors to explore tangible examples of STEM-driven sustainability, and to highlight RMIT's interdisciplinary approach to addressing global challenges.

Featured Projects:

- **Microbial Lipids from Single-Cell Oils**
- **EMBRACE - Enhancing Mental Balance and Resilience Amidst Climate Events**
- **FireFly 2.0: Enhancing Forest Fire Monitoring and Biodiversity Conservation with an UAV-Based IoT System**
- **Unveiling the Mystery: The Garbage Sorting & Processing Plant**
- **Integrated Circular Farming Model**

Expected Outcome

Participants will gain insight into the role of technology and scientific innovation in achieving the SDGs, and identify opportunities for collaboration across research, industry, and community. The session reinforces RMIT's leadership in applied sustainability and its commitment to problem-solving through interdisciplinary collaboration.

Visitors to the showcase will experience how STEM translates sustainability theory into real-world practice. The display will spark curiosity, encourage conversation, and strengthen connections between academia, students, and industry.

Workshop - Sustainability Focused Education: Co-Designing Learning for Innovative & Values-Driven Graduates



Partner: School of Communication & Design – Dr. Justin Battin

Related SDGs: 17 – Partnerships for the Goals

Summary

This interactive workshop brings together students and staff as equal partners in reimagining the future of higher education at RMIT. Grounded in the Student as Partners (SaP) approach, the session explores how the UN Sustainable Development Goals (SDGs) can serve as a foundation for co-designing innovative, inclusive, and values-driven learning experiences.

Through open dialogue and collaborative exercises, participants will examine how sustainability and global citizenship can be meaningfully embedded into learning design, while reflecting on their own experiences as learners and educators.

Objective

- To foster collaboration between students and staff through the co-design of teaching and learning modules inspired by the SDGs.
- To build understanding of how sustainability principles can be integrated into diverse disciplines and curricula.
- To empower participants to create future-oriented, values-driven learning experiences that respond to real-world challenges.

Expected Outcome

Participants will co-develop prototype module concepts and actionable frameworks for embedding sustainability across courses and disciplines. The session aims to inspire a community of practice where students and educators co-create learning that is relevant, inclusive, and transformative.

Agenda Snapshot

- **Estimated Duration:** 90–120 minutes
- **Estimated Participants:** 75–100 students and staff

Format:

- Introductory discussion on the SDGs and sustainability in education
- Collaborative dialogue on effective learning design principles
- Group workshop: co-designing learning modules aligned with selected SDGs
- Reflection and next steps: sharing prototypes and building pathways for continued collaboration.

Workshop - EMBRACE the Future – Mental Health in a Changing Climate



Partner: EMBRACE Vietnam and SSET's Psychology Program

Related SDGs: 3 – Good Health and Well-being | 4 – Quality Education | 13 – Climate Action

Summary

This bilingual workshop (English and Vietnamese sessions) explores the intersection between climate change and mental health, inviting participants to understand and respond to the psychological impacts of the climate crisis. Led by EMBRACE Vietnam in partnership with RMIT Sustainability, the session provides an open, safe space for dialogue and self-reflection while introducing the EMBRACE Toolkit—a co-designed resource supporting resilience and mental well-being in a changing world.

Objective

- To raise awareness of the mental health impacts of climate change and the growing issue of eco-anxiety.
- To introduce the EMBRACE Toolkit as a practical resource for coping, adaptation, and community resilience.
- To encourage discussion and co-creation of strategies for mental well-being and climate action within RMIT and beyond.

Expected Outcome

Participants will leave the session with a clearer understanding of the connection between sustainability and mental health, as well as practical tools for personal and collective resilience. The workshop aims to inspire continued dialogue and collaboration across student, staff, and community networks.

Agenda Snapshot

- **Estimated Duration:** 90 minutes
- **Estimated Participants:** 50 (25 per session)

Format:

Part 1 – Mental Health in the Age of Climate Change (Dr Anh Nguyen, RMIT Psychology Program): Understanding the mental health burden linked to environmental stress.

Part 2 – EMBRACE Vietnam: Co-Creating Solutions (Cat & Nam, EMBRACE Vietnam): Introduction to eco-anxiety, EMBRACE's mission, and the Toolkit.

Part 3 – EMBRACE in Action (Facilitated group work): Applying the Toolkit in daily life, clubs, and organisations to strengthen resilience.

Tourism and Hospitality Symposium: Inclusive Technological Innovations meeting the Vietnamese smile

RMIT UNIVERSITY Sustainability **RMIT UNIVERSITY The Business School** **Festival of Technology and Social Impact** **Sustainability Week 2023** Be the Spark. Lead the Future.

Tourism and Hospitality Symposium: Inclusive Technological Innovations meeting the Vietnamese Smile

Date Tuesday 4 November

Time 1:30pm - 3:30 pm Engagement booth
3:30pm - 5:30 pm Panel Discussion

Mr John Vu
CEO @ DiningCity Vietnam

Ms Cemi Nguyen
Country Sales Director @ FCS Solutions Vietnam

Mr Hao Tran
CEO @ Global Star 3D Hospitality System

Partner: The Business School's Tourism and Hospitality Program and RMIT Tourism & Hospitality Club

Related SDGs: 8 – Decent Work and Economic Growth | 9 – Industry, Innovation and Infrastructure | 11 – Sustainable Cities and Communities

Summary

This symposium explores the intersection of technology, innovation, and human connection within Vietnam's evolving hospitality and tourism sectors. Through discussions led by industry leaders and RMIT academics, the session examines how digital transformation is reshaping service standards while preserving the warmth and authenticity of Vietnamese hospitality.

Objective

- To gain fresh insights from industry professionals on how technology is transforming tourism and hospitality operations.
- To foster dialogue and collaboration between industry experts, academics, students, and alumni.
- To highlight RMIT's role as a bridge between education and industry, shaping future-ready, sustainability-conscious professionals.

Expected Outcome

Participants will gain an understanding of the latest technological trends influencing sustainable and inclusive hospitality practices. The symposium aims to reinforce RMIT's position as a thought leader in sustainable tourism education, while equipping students with future-oriented perspectives on digital innovation, sustainability, and human-centred service.

Panel Discussion - Harvesting Green Value: Sustainable Innovation Unleashing the Potential of Culinary



Partner: Ly Gia Vien, Tales By Chapter, and Viet Harvest

Related SDGs: 2 – Zero Hunger | 8 – Decent Work and Economic Growth | 12 – Responsible Consumption and Production | 15 – Life on Land

Summary

This panel explores how sustainability is not a limitation but a catalyst for creativity, innovation, and business growth within the food and beverage (F&B) industry. Harvesting Green Value examines how culinary professionals and social enterprises are transforming food waste into new economic and social opportunities, maximising ingredients through zero-waste techniques, and embracing ethical sourcing to create positive impact.

Objectives

- To showcase sustainability as a smart business strategy that drives innovation, rather than restricts it.
- To foster collaboration between F&B enterprises, social organisations, and sustainable suppliers, forming a responsible culinary ecosystem.
- To inspire new thinking about waste, value, and the future of sustainable gastronomy.

Expected Outcomes

Participants will gain insight into how sustainability can enhance flavour, quality, and brand value in the culinary sector. The discussion will cover key topics such as:

- **Turning Waste into Green Value:** How food waste in Vietnam can be redefined as a source of social and economic impact.
- **Radical Renewal in Gastronomy:** Applying root-to-stem and creative sourcing techniques to elevate both innovation and taste.
- **Unlocking Future Potential:** How collaboration, consumer education, and cross-sector partnerships can shape the future of sustainable dining.

By connecting the dots between suppliers, restaurants, and social enterprises, this session highlights how conscious dining can lead to meaningful change across the value chain.

Hands-on Workshop - Bean-to-Bar: Sustainable Chocolate Creation



Partner: Ly Gia Vien and Callebaut

Related SDGs: 2 – Zero Hunger | 8 – Decent Work and Economic Growth | 12 – Responsible Consumption and Production | 15 – Life on Land

Summary

This immersive workshop takes participants on a sensory and educational journey through the world of sustainable chocolate. Guided by professional chocolatiers, attendees will explore the full bean-to-bar process — from understanding cocoa origins to crafting their very own chocolate bar.

The session highlights Callebaut's Cocoa Horizons Program, which ensures fair income for cocoa farmers, supports local communities, and protects forests through ethical sourcing. Participants will discover how sustainability and indulgence can go hand in hand, making every bite a meaningful one.

Objectives

- To introduce participants to sustainable cocoa sourcing and fair-trade practices through the Cocoa Horizons initiative.
- To raise awareness of responsible food production and consumption within the confectionery industry.
- To provide an interactive and creative experience linking sustainability, craftsmanship, and enjoyment.

Expected Outcomes

Participants will gain a deeper appreciation for the impact of ethical cocoa sourcing while actively engaging in the DIY Chocolate Bar Challenge, where they craft their own chocolate bar using a range of toppings made from near-expiry ingredients — demonstrating how creativity can reduce waste.

They will also enjoy a guided tasting session, experiencing the distinct flavours of roasted cocoa nibs and single-origin chocolate while learning how origin, farming, and production affect taste and sustainability.

Workshop - Public Speaking Skills 101: When Body Language Speaks First

RMIT UNIVERSITY Sustainability **RMIT UNIVERSITY Careers, Alumni & Industry Relations** **eiy**

Workshop

Public Speaking 101: When Body Language Speaks First

Date & Time
Wednesday 5 November
3pm - 5pm

Location
Saigon South campus

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Partner: Job Shop (Careers, Alumni & Industry Relations) and Eric Asato (Career Development & Employment Manager)

Related SDGs: 1 – No Poverty | 5 – Gender Equality | 16 – Peace, Justice and Strong Institutions

Summary

This interactive workshop equips first-year students with foundational public speaking skills while connecting communication to sustainability and the United Nations Sustainable Development Goals (SDGs). Designed and delivered by RMIT Job Shop, the session helps participants build confidence and refine their presentation techniques through practical exercises, peer feedback, and reflection.

Using SDG topics as presentation prompts, participants explore how communication can become a tool for advocacy and positive change. By practising with real-world sustainability themes, students not only strengthen their employability skills but also develop an awareness of global issues that shape future careers.

Objective

- To provide first-year students with practical strategies for effective public speaking, including body language, storytelling, and audience engagement.
- To integrate SDG-related content into skill development, helping students articulate sustainability concepts with clarity and confidence.
- To encourage students to use communication as a platform for meaningful dialogue and leadership on sustainability.

Expected Outcome

Participants will gain confidence in speaking publicly, receive constructive feedback, and leave with practical techniques to continue improving their communication skills. The workshop also fosters a deeper understanding of the SDGs, inspiring students to become proactive voices for sustainability within and beyond RMIT.

Agenda Snapshot

- **Estimated Duration:** 90 minutes
- **Estimated Participants:** 50

Format:

Introduction and Warmer – Ice-breaker activities to build comfort and engagement.

Hooks in Presentations – Learning how to open effectively and capture audience attention.

Body Language and Delivery – Practising tone, gestures, and stage presence through partner work.

Practice and Feedback – Students present short speeches based on chosen SDG themes and receive feedback from facilitators.

Reflection and Resources – Tips for continuous improvement and employability development.

Hands-on Workshop - Organic Lip Balm DIY Workshop: Crafted by Nature



Partner: Shrek Gals (Student Group)

Related SDGs: 3 – Good Health and Well-being | 12 – Responsible Consumption and Production | 15 – Life on Land

This creative and interactive workshop explores how sustainable beauty can empower both people and the planet. Participants will make their own organic lip balm using natural, eco-friendly ingredients such as candelilla wax, shea butter, and plant-based oils. The session sheds light on the environmental and health impacts of the beauty industry and demonstrates how mindful consumption can transform everyday self-care into an act of sustainability.

Objectives

- To raise awareness of the environmental and ethical challenges behind conventional cosmetics.
- To promote responsible consumption by using natural ingredients and compostable packaging.
- To empower participants to make sustainable choices through hands-on creation and reflection.

Expected Outcomes

Participants will create their own organic lip balm and gain a deeper understanding of sustainable beauty practices. The session also features the Green Sorting Lab, a fun, educational game where participants test their knowledge by classifying cosmetic ingredients as eco-friendly or harmful. Through this experience, participants will learn how small, conscious actions in daily life can make a big difference for the planet.

Workshop - The Career Playground: Pave your Way



Partner: Careers, Alumni & Industry Relations

Related SDGs: 4 – Quality Education

Summary

This playful and hands-on career workshop helps students connect personal development with sustainability through the lens of SDG 4: Quality Education. Instead of simply discussing “green jobs,” participants will build their own *Sustainable Career Toolkit* using LEGO as a creative medium. The session links employability and lifelong learning to sustainability by encouraging students to reflect on their skills, values, and actions for building meaningful, future-ready careers.

Objective

- To help students visualise and design their own sustainable career paths through interactive activities.
- To strengthen understanding of how RMIT’s Job Shop services (CV checks, consultations, interview prep, and employer events) support lifelong, equitable learning.
- To promote creativity, collaboration, and reflection as key elements of sustainable career growth.

Expected Outcome

By the end of the session, participants will have identified practical steps for developing a sustainable career pathway that aligned with their personal goals and sustainability values. Students will leave with both inspiration and a clear action plan to engage with RMIT’s career resources more effectively.

Agenda Snapshot

- **Estimated Duration:** 90 minutes
- **Estimated Participants:** 30

Format:

Activity 1 – Lego Career Foundation: Build a model representing current skills and experiences.

Activity 2 – Lego Future Career Vision: Create a model of your ideal, values-driven career.

Activity 3 – Careers Service Exploration: Rotate through interactive stations introducing Job Shop services.

Activity 4 – Lego Bridges & Group Challenge: Work in teams to build a “bridge” between foundation and vision, identifying actions that connect the two.

Mini Competition & Awards: Groups present their “bridges,” judged on clarity, creativity, practicality, and relevance to Job Shop support.

Seminar - Transformation Towards a Regenerative Future

RMIT Sustainability Office for Research and Innovation

Research Seminar 2025

Transformation Towards a Regenerative Future

Exploring bold ideas beyond sustainability – collaborating for lasting impact

Join us to hear from leading RMIT Vietnam academics and industry experts as they discuss bold, interdisciplinary approaches to sustainability and regeneration in Vietnam.

Friday 7 November 2025
10:30am - 12:00pm
Auditorium Theatre
RMIT Vietnam, Saigon South campus

The Panelists

- Kim Ha**
HDR student - SCD
Founder - Upgreen Vietnam
- Ms Thu Vuong**
Sustainability Manager
Pizza 4P's
- Dr Que Tran**
Lecturer, Human Resources
Management
- Byron Mason**
Senior Lecturer, Robotics &
Mechatronics Engineering
- Prof. Chris Speed**
Director Regenerative Futures Institute
RMIT

Agenda

- Introduction
- Keynote: Prof. Chris Speed
- Flash Talks: presentations from each speaker
- Panel Discussion: 30 minutes
- Q&A Session

REGISTER NOW

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Office for Research and Innovation
W. <https://www.rmit.edu.vn/research>
E. research@rmit.edu.vn

Partner: Office for Research and Innovation (ORI)

Related SDGs: 3 – Good Health and Well-being | 8 – Decent Work and Economic Growth | 11 – Sustainable Cities and Communities | 12 – Responsible Consumption and Production | 13 – Climate Action | 15 – Life on Land | 17 – Partnerships for the Goals

Summary

This seminar invites RMIT academics, researchers, and industry collaborators to explore how we can move beyond sustainability towards regenerative futures. Hosted by the Office of Research and Innovation (ORI) in collaboration with the Sustainability Department, the session highlights RMIT's commitment to the UN Sustainable Development Goals and introduces the Regenerative Futures

Institute, which is a flagship initiative positioning RMIT at the forefront of sustainability-driven research and innovation.

Through keynote presentations, flash talks, and an interdisciplinary panel discussion, the seminar showcases how RMIT is contributing to Vietnam's and the region's sustainability transition—bridging academia, government, industry, and community in co-creating solutions that regenerate, rather than merely sustain, our shared future.

Objective

- To share research insights and innovations that support sustainable and regenerative practices in Vietnam and the region.
- To promote interdisciplinary collaboration across RMIT schools, linking research, teaching, and practice to real-world sustainability challenges.
- To introduce the Regenerative Futures Institute and reinforce RMIT's leadership in sustainability and applied research.

Expected Outcome

Participants will gain exposure to ongoing projects that demonstrate how regenerative thinking can drive systems-level change in education, infrastructure, and community development. The session will also facilitate cross-school and external collaboration, fostering partnerships that advance RMIT's global sustainability agenda.

Agenda Snapshot

- **Estimated Duration:** 150 minutes
- **Estimated Participants:** 50-80 participants (primarily RMIT academic staff and partners. Open for students and community members interested in sustainability research as well)

Format:

- Welcome & Introduction
- Keynote: RMIT Regenerative Futures Institute (remote presentation)
- Flash Talks: Short presentations from RMIT academics and industry partners introducing their research and its sustainability impact.
- Panel Discussion: Interdisciplinary dialogue on how regenerative approaches can shape the future of Vietnam's sustainable development.
- Q&A Session

Daily Highlights



Sustainability Week 2025

Be the Spark. Lead the Future.

🕒 3 - 7 November 2025 📍 Saigon South campus



Secure your spot now!

03.11	04.11	05.11	06.11	07.11
Club Day Opening Event Opening How STEM Sparks Sustainable Solutions? Panel Discussion	Sustainability Focused Education: Co-Designing Learning for Innovative & Values-Driven Graduates Workshop EMBRACE the Future - Mental Health in a Changing Climate Workshop Inclusive Technological Innovations meeting the Vietnamese Smile Symposium	Harvesting Green Value: Sustainable Innovation Unleashing the Potential of Culinary Panel Discussion Bean-to-bar: Sustainable Chocolate Creation Hands-on Activity Public Speaking 101: When Body Language Speaks First Workshop	Organic Lip Balm DIY Workshop: Crafted by Nature Hands-on Activity The Career Playground: Pave your Way Workshop EMBRACE the Future - Mental Health in a Changing Climate Workshop	Transformation Towards a Regenerative Future Seminar Closing Ceremony & Networking Event Closing

Why It Matters

Sustainability Week is more than a series of events – it is a catalyst for cultural change within RMIT and beyond.

- For the University: The week reinforces RMIT's reputation as a leader in sustainability education and innovation, showcasing the integration of sustainability into teaching, research, and operations.
- For the Community: The program bridges the gap between global frameworks like the SDGs and everyday practices, offering practical, relatable solutions that communities can adopt.

For the Future: The week empowers students and staff to become changemakers who carry sustainable habits and values into their careers and personal lives, ensuring a lasting ripple effect.

Contact Us

RMIT Sustainability Department

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